## Get Involved with Polar Expedition to Antarctica

Alex Eilers, manager of education at Memphis' Pink Palace Museum and a PolarTREC teacher, will travel to Antarctica in November and December to study Weddell seals. Students and families are invited to join in a variety of free learning activities before Eilers leaves and follow her journey this winter.

PolarTREC (Teachers and Researchers Exploring and Collaborating) is a program in which teachers of Kindergarten through grade



12 spend three to six weeks participating in hands-on field research experiences in polar regions. In 2012, Eilers collaborated with a team of researchers studying the seals in Antarctica. Her PolarTREC adventure was followed by many people, including students.

This year there are a variety of activities for getting involved.

Postcards from the Pole: Participants can send postcards to themselves, or others, from Antarctica. The goal is to send 10,000 postcards.

Fly a Flag Over Antarctica: Eilers will take hand-decorated flags to Antarctica and mail them back to participants. Flags will also be featured in the expedition journal.

**Get Fit Antarctica:** This fitness challenge invites participants to get fit along with Eilers and log their fitness minutes while learning about health, science, math and history along the way.

Penguin and Seal Scavenger Hunt: A fun search for hidden seals and penguins in the Pink Palace exhibits.

For more information, visit AntarcticaRevisited.com.